

# LAKE SHORE COMMUNITY EDUCATION SUMMER BROCHURE 2018

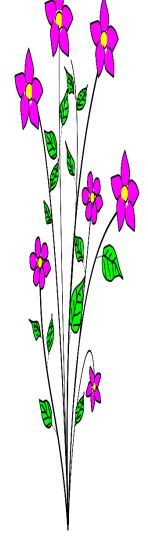


## **SUMMER OFFICE HOURS**

Monday – Friday 7:00am – 3:00pm

**PHONE**: (716) 926-2270 **FAX**: (716) 549-4391

Visit us at the William T. Hoag Educational Center located at 42 Sunset Blvd. Angola, NY 14006 or Community Education Wesbite





# General Information



**BUILDING/PROGRAM ADMINISTRATOR** – Christine Starks

**SECRETARY** - Emily Ludwig

William T. Hoag Educational Center 42 Sunset Blvd. Angola, NY 14006



## **How to Register:**

**BY MAIL:** Enclose a check, made out to Lake Shore Central Schools, money order, or credit/debit card payment for the correct amount, along

with the registration form. Lab fees are not to be included with registration.

MAIL TO: Community Education

W. T Hoag Educational Center

42 Sunset Blvd. Angola, NY 14006

IN PERSON: Registrations will be received at the Community Education Office located in the Main Office of the William T. Hoag

**Educational Center.** 

MONDAY – FRIDAY 7:00am – 3:00pm

**BY FAX:** 24 hours a day, 7 days a week at 549-4391.

\*Credit/Debit Card only form of payment accepted by fax registrations\*



# General Information

We accept all major credit cards including; MasterCard, Visa, American Express and Discover. You must list your credit/debit card number and expiration date and sign your registration form. This **Credit/Debit Card Payment:** 

can be done by mail, fax or in person.

We accept all personal check payments, as well as money orders. This may be done by mail or in person. The cancelled check is your receipt. A \$20.00 fee will be charged for any returned checks. **Make checks payable to:** Lake Shore Central Schools **Check/Money Orders:** 

Lab Fees: Lab fees are paid directly to the course instructor at the first meeting of class.

Refunds/Cancellations: The full fee will be refunded by a check or credit if your class is cancelled, or if you withdraw a week

before the class begins.

When schools are closed due to weather or any emergency, Community Education classes are also cancelled. Please refer to the local radio, television or school website for details. **School Closings:** 

# Please note that walk-in registrations at the class time and registrations by phone are not accepted.

Questions?? Please call Emily Ludwig at the Community Education Office at (716) 926-2270.

\*Once you sign up for a class, you will NOT hear from us unless the class is cancelled or if there is a change in location, date and/or time\* Don't worry – no news is good news ©



# Computer Basics

Instructor: Pauline Ricotta

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#### Intro to Microsoft Excel

Introduction to Microsoft Excel is designed for students who are new to using Excel. Students will learn spreadsheet fundamentals, how to create, edit, format, save and print Microsoft Excel Spreadsheets. We will create a simple budget and a more practical inventory (tools, computer games, grocery list) example relative to each student. *Minimum of 3 participants*, maximum of 5.

WHO: Ages 13 and up WHERE: Senior High Media Center

**DATES:** August 7<sup>th</sup>, 9<sup>th</sup>, 14<sup>th</sup>, 16<sup>th</sup>, 21<sup>st</sup>, and 23<sup>rd</sup> WHEN: Tuesday & Thursday

**TIME:** 6:00pm – 8:00pm COST: \$60 (6 classes)

#### Intro to Microsoft Word

Introduction to Microsoft Word is designed for students who are new to using Word. Students will learn to create, edit, format, save and print Microsoft Word documents. We will experiment with margins, fonts and layouts, file naming & file management, include images with documents, and create a flyer and business letter of the student's choice. Minimum of 3 participants, maximum of 5.

WHO: Ages 13 and up **WHERE:** Senior High Media Center

WHEN: Tuesday & Thursday **DATES:** July 17<sup>th</sup>, 19<sup>th</sup>, 24<sup>th</sup>, 26<sup>th</sup>, 31<sup>st</sup> and August 2<sup>nd</sup>

**TIME:** 6:00pm – 8:00pm COST: \$60 (6 classes) **Computer Basics** 

Instructor: Pauline Ricotta

Computer Basics is designed for students who are new to using Personal Computers (PCs). Students will learn enough fundamental terminology to attend Intro to Microsoft Word and Intro to Microsoft Excel courses. Minimum of 3 participants, maximum of 5.

WHO: Ages 13 and up

WHERE: Senior High Media Center

WHEN: Tuesday & Thursday DATES: July 10th and 12th

TIME: 6:00pm - 8:00pm COST:

\$30 (2 classes)



### 4-Hour SAT Boot Camp

**Get a jump start on your SAT Preparation!** This comprehensive course introduces students to the SAT test with emphasis on test-taking strategies, testing information, how to best prepare for the SAT test and practice questions in each subject. Course includes: workbook/study martials and a free simulated SAT test. For the simulated test schedule and registration information visit: <a href="www.allprotutoring.com">www.allprotutoring.com</a>. **2018 SAT Test Dates: August 25<sup>th</sup>, October 6<sup>th</sup>, and November 3<sup>rd</sup>.** Students are welcome to bring a snack or lunch to class. *Minimum of 3 participants*.

WHO: Ages 15 and older WHERE: W.T. Hoag Annex WHEN: Monday & Wednesday

**DATES:** August 20<sup>th</sup> and 22<sup>nd</sup> **TIME:** 10:00am – 12:00pm **COST:** \$65 (2 classes)

# **4-Hour ACT Test Prep Course**

**Get a jump start on your ACT test preparation!** The ACT Test is held in equal esteem as the SAT test by most colleges and universities. This comprehensive review course introduces students to the ACT test and includes: test-taking strategies, testing information, study materials and a free simulated ACT test. For the simulated test schedule and registration information visit: <a href="https://www.allprotutoring.com">www.allprotutoring.com</a>. **2018 ACT Test Dates: September 8<sup>th</sup>, October 20<sup>th</sup> and December 8<sup>th</sup>.** Students are welcome to bring a snack or dinner to class. *Minimum of 3 participants*.

WHO: Ages 15 and older WHERE: W.T. Hoag Annex WHEN: Monday & Wednesday

**DATES:** August 13<sup>th</sup> and 15<sup>th</sup> **TIME:** 10:00am – 12:00pm **COST:** \$65 (2 classes)

# **Writing the College Application Essay**

Do you want to submit a college application essay that will really hit home with the Admission Office at the college of your choice? Learn all of the fundamentals of a winning essay as well as proven strategies. You will begin to write the college application essay during the class and leave with the confidence and knowledge to complete the process on your own. Students are welcome to bring a snack or dinner. *Minimum of 3 participants*.

WHO: Ages 15 and older WHERE: W.T. Hoag Annex WHEN: Tuesday

**DATE:** August 7<sup>th</sup> **TIME:** 10:00am – 12:00pm **COST:** \$55 (1 class)



# Informational

The Green Diet Instructor: Catie Dillemuth

Have you ever been curious about a Vegetarian or Vegan diet? Learn how by changing one thing in your life, what you eat, and you can truly change yourself and the world around you. Not only will you change your health; you will also impact the environment in a positive way and stop funding cruelty in the food industry where people and animals are concerned. If you are ready to lose weight, become healthier and learn the truth about what you are eating, then this class will be your first step to a healthier and greener life.

WHO: Ages 18 and older WHERE: Senior High LGI WHEN: Wednesday DATES: July 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> TIME: 6:30pm – 7:30pm COST: \$25 (3 classes)

# College Planning and Roth IRA

Instructor: Kevin Caffery Jr., Financial Consultant AXA Advisors, LLC

This seminar provides a brief overview of the need to plan ahead for a college education and addresses the types of planning vehicles available, including UGMA/UTMA, Coverdell savings account and 529 plans. We will also discuss a Roth IRA. We will explain the rules for Roth IRAS and who might benefit from this type of plan. We also review how they are different from traditional IRAs and discuss Roth IRA conversions.

**WHO:** 18 and older **WHERE:** Senior High Room 107

WHEN: Thursday

TIME: 6:30pm – 8:00pm

DATE: August 7<sup>th</sup>
COST: \$5 (1 class)

Social Security, Medicare and Long-Term Care
Instructor: Kevin Caffery Jr., Financial Consultant AXA Advisors, LLC

This seminar provides helpful information about Social Security, Medicare and Long-Term Care. It discusses how they impact the ever-changing retirement environment.

WHO: 18 and older WHERE: Senior High Room 107

 WHEN:
 Thursday
 DATES:
 July 12<sup>th</sup>

 TIME:
 6:30pm – 8:00pm
 COST:
 \$5 (1 class)



# YOGA



# Power Yoga Instructor: Keri Fisher

Power Yoga is a Vinyasa flow class matching movement and breath 'to the flow.' 'The flow' is fast paced and set to fun, upbeat music. There will be the option to try more advanced poses and learn new flow movements. Participants should be Level II or Level III Vinyasa. Minimum of 4 participants.

WHO: Ages 16 and up WHERE: W.T. Hoag Gym WHEN: Wednesday

**DATES:** July 18th, 25th, August 1st, 15th and 22nd

**TIME:** 3:30pm – 4:30pm **COST:** \$30 (5 classes)

# **Gentle Yoga**

Gentle Yoga encompasses matching your breath to the gentle stretching movements. Open to all levels and skill sets. *Minimum of 4 participants.* 

Instructor: Keri Fisher

WHO: Ages 16 and up WHERE: W.T. Hoag Gym

WHEN: Tuesday

**DATES:** July 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>, August 14<sup>th</sup> and 21<sup>st</sup>

**TIME:** 3:30pm – 4:30pm **COST:** \$30 (5 classes)



All classes will be held at **Expressive Glass**; 3333 Lake Shore Rd. (Rte. 5), Buffalo, near Woodlawn Beach and instructed by Vicki Schneider. The studio is easily accessible from the Thruway and Milestrip Road.

\*Please specify which class and date you would like to attend.\*

#### **How to Make Glass Beads**

Turn hot glass into cool stuff! Join glass artisan Vicki Schneider at her beautiful studio for an introductory class of glass bead making. In just 3 hours you will make your own one of a kind glass bead and enter the mystical and ancient world of "lampworking." This workshop will introduce you to the art of safely melting and manipulating soft glass. During the class most students will create from 3 to 6 beads they can later turn into jewelry.

Pick up your beads after they have been annealed (heated and cooled gradually to remove thermal stress) or have them mailed to you for a fee of \$7 payable to the instructor.

#### **DATES and TIMES:**

Saturday, July 21<sup>st</sup> 10:00am – 1:00pm

or

Sunday, August 12<sup>th</sup> 1:00pm – 4:00pm

**COST:** \$70 (1 class)

#### **Floral Glass Pendants**

Make several glass pendants with beautiful floral designs that you will be proud to wear or give as gifts. First you will cut small pieces of glass and place them on a graphite pad to create your flower. You will then learn how to encase your design in molten glass and form your pendants. You will be amazed and mesmerized as you learn to melt and manipulate glass at a stationary torch under close supervision. No experience is necessary – only a willingness to try.

Pick up your project(s) after they have been annealed (heated and cooled gradually to remove thermal stress) or have them mailed to you for a fee of \$7 payable to the instructor.

#### **DATE and TIME:**

Saturday, August 11<sup>th</sup> 10:00am – 12:30pm

COST:

\$60 (1 class)

All classes will be held at **Expressive Glass**; 3333 Lake Shore Rd. (Rte. 5) Buffalo, near Woodlawn Beach and instructed by Vicki Schneider.

The studio is easily accessible from the Thruway and Milestrip Road.

\*Please specify which class and date you would like to attend.\*

#### **Nature Prints**

Paint the backs of leaves and flowers with specially formulated vitreous enamel and use them to print the center section of a beautiful plate, sun catcher, tile, or night light. Add colorful pieces of glass to create a border around your print. During the class you will learn basic cutting techniques and how to mix and use the vitreous enamel.

Please bring several leaves or ferns (4" or smaller) with pronounced veins and an N100 or P100 dust mask (available at hardware stores). You may also bring small flowers. Note: Petals that are very delicate do not hold up will to the paints.

We will heat your design in a kiln until the glass melts and then heat it a second time, as needed, to slump it into a small plate.

You can pick up your project after it's been fused and annealed (heated and cooled gradually to remove thermal stress) or it can be mailed for a \$7 fee payable to the instructor.

#### **DATE and TIME:**

Sunday, July 29<sup>th</sup> 1:0

1:00pm - 4:30pm

#### COST:

\$70 (1 class)

## **Fun with Fusing**

Make beautiful jewelry or decorative items from colorful pieces of glass you cut, arrange and heat together in a kiln. Create your own design or follow one of our project samples. Choose to make two pendants, a pair of earrings, two pins, two refrigerator magnets, one sun catcher, one glass tile or one night light. Additional fee for extra project, multiple firings (if required) and dichroic glass.

Pick up your project(s) after they have been annealed (heated and cooled gradually to remove thermal stress) or they can be mailed to you for a fee of \$7 payable to the instructor. If your project requires a bail, earring backs, magnet or night light assembly, the instructor will provide you with the needed materials in the mail or by appointment.

#### **DATES and TIMES:**

Sunday, July 15<sup>th</sup> 1:30pm – 4:00pm

or

Saturday, August 25<sup>th</sup> 10:00am – 12:30pm

**COST:** \$60 (1 class)





**Instructor: Sondra Holland** 

# Parent/Guardian and Me Yoga

This class welcomes all wee folks ages 2 months through 9 years old. A parent/guardian must join the little ones. Sondra, a meditation devotee has spent studying in The Orient. She is also a NY State certified art and music teacher. Yoga will also be entwined with visual arts, music and dance, drama and storytelling. Please bring a yoga mat, towel, or small rug to class with you and wear comfortable clothing. *Minimum of 5 participants*.

**WHO:** Children 2 months – 9 years old accompanied with an adult 18+

WHERE: W.T. Hoag Cafeteria

WHEN: Friday

**DATES:** July 9<sup>th</sup>, 16<sup>th</sup> 23<sup>rd</sup>, 30<sup>th</sup>, August 6<sup>th</sup>, 13<sup>th</sup> and 20<sup>th</sup>

**TIME:** 9:00am – 10:00am

**COST:** \$30 (7 classes)

# Meditation and Compassions

Rise beyond – glide through. Have you always wanted to rise above your most inspiring dreams? Have you always wished to glide through life with joy, strength and courage? Sondra, a meditation devotee, has spent studying in The Orient. Her dream is to unite ancient Eastern teachings with Western peaceful adaptations. We will go over meditation and yoga practices, meditation techniques and gentle yoga movements. Please bring a yoga mat, towel or small rug to class with you and wear comfortable clothing. *Minimum of 5 participants*.

Instructor: Sondra Holland

WHO: Ages 16 and up

WHERE: Lake Shore Senior High School

WHEN: Monday

**DATES:** July 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>, August 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup> and 24<sup>th</sup>

**TIME:** 7:00pm – 8:00pm **COST:** \$30 (7 classes)



# Know How Jours



All trips depart from Tops Market – 355 Orchard Park Rd. next to K-Mart in West Seneca (formerly Seneca Mall – near Ext 55E).

Park near Poles "I" or "F."

# Murder Mystery Dinner Cruise on Canandaigua Lake \$129

It's summer I the beautiful Finger Lakes Region. Out fist stop is **Sweet Expressions**. Step into the doors of Sweet Expressions and experience a chocolate lovers paradise. We feature delicious chocolates in every variety. Among our selection, discover your favorite nostalgic confections, gift baskets, products from the Finger Lakes, and NY State, gourmet foods and more. Next we will spend about two hours in downtown Canandaigua. Arts and crafts, memorabilia and hand made products are just of the things you'll fin in Canandaigua. Next murder mystery dinner cruising! A local based professional team entertains guests with a WHODUNIT leaves guests looking to solve the mystery all while sailing on the beautiful lake. Dinner will be provided.

**DEPARTURE TIME:** 12:00pm RETURN TIME: 10:30pm

Disney's "Aladdin"
At Shea's
"A" Orch Seating: \$175
"B" Side Seating: \$155

We're off the Shea's Performing Arts Center for the afternoon matinee performance of "Aladdin." Discover a whole new world. A thrilling new production filled with unforgettable beauty, magic, comedy and breathtaking spectacle. It's an extraordinary theatrical event where one lamp and three wishes make the possibilities infinite. Prior to the show, we will enjoy a delicious family style lunch at Ilio DiPaolo's Italian Restaurant

**DEPARTURE TIME:** 11:00am **RETURN TIME:** 4:30pm

# Sterling Renaissance Festival Sterling, NY \$99

The Sterling Renaissance Festival is one of the oldest and most successful producers of professional interactive entertainment in the world. Thrill to the excitement of over 100 stage and street performers, professional actors, comedians and musicians who whimsically recreate and authentic English Renaissance village for you to experience. Join the merriment at the Pub Sing, Wench Auction and Trial and Dunke. Witness dozens of artisans demonstrating their fine craftsmanship and selling their unique wares. Enjoy digging into our savor delicacies – from steak-on-a-stake, succulent turkey legs, portabella mushroom sandwiches, mile high cakes and more (at own expense) – rain or shine event! A bag of light snacks will be provided.

**DEPARTURE TIME:** 8:30am **RETURN TIME:** 6:30pm

